

UNIT 4 TIMETABLE - FEBRUARY 2019

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
			Yoga with Pete Blackaby 9:30-11:30 Studio 1 <i>Advanced</i> PRE-BOOK £15	Yoga after Drop-off with Lucy Deere 9:15-10:15 Studio 1 £48/ 6 week course or £12 DROP IN Except 22 Feb
Qigong with Matt Woods 10:00 – 11:15 Studio 1 <i>All levels</i> DROP IN £7.50/£6	Yoga with Pete Blackaby 10:30-12:00 Studio 1 <i>Intermediate</i> DROP IN £10			Child'Space parent and baby class with Sabine Blackaby 10:00-11:00 Studio 2 PRE-BOOK (5-week course) Except 15 Feb
	Feldenkrais with Sabine Blackaby 13:00-14:05 Studio 1 <i>Advanced</i> PRE-BOOK Except 13 Feb			Yoga with Morgan Marshall 10:30-12:00 Studio 1 <i>All levels</i> DROP IN £8 Kay covering 8 Feb
Yoga with Michelle Cobbin 18:00-19:00 Studio 1 <i>All levels</i> PRE-BOOK Except 25 Feb	Yoga with Michelle Cobbin 17:50-19:20 Studio 2 <i>All levels</i> PRE-BOOK Except 26 Feb	Yoga with Morgan Marshall 18:15-19:45 Studio 1 <i>All levels</i> DROP IN £8	Yoga with Jude/Kay/Sharon 17:45-19:15 Studio 1 <i>All levels</i> DROP IN £8	
Pregnancy Yoga Clair Edwards 19:15-20:30 Studio 1 <i>All levels</i> PRE-BOOK or £13 DROP IN	Yoga with Lisa McRory 18:00-19:30 Studio 1 <i>All levels</i> DROP IN £10	Yoga with Bec Smith 18:30-19:45 Studio 2 <i>All levels</i> DROP IN £8	Yoga with Wendy Caules 19:00-20:30 Studio 2 <i>All levels</i> DROP IN £8	
Yoga with Bec Smith 19:30 – 20:45 Studio 2 <i>All levels</i> DROP IN £8	Yoga with Lisa McRory 20:00-21:30 Studio 2 <i>All levels</i> PRE-BOOK £10	Yoga with Anil Rawal 20:00-21:15 Studio 2 <i>All levels</i> DROP IN £8	Yoga with Pete Blackaby 19:30-21:00 Studio 1 <i>All levels</i> DROP IN £10	
	Feldenkrais with Sabine Blackaby 20:05-21:05 Studio 1 <i>All levels</i> PRE-BOOK	Feldenkrais with Sabine Blackaby 20:05-21:05 Studio 1 <i>All levels</i> PRE-BOOK		

For further details and teachers' contacts please visit the website: www.unit4brighton.co.uk